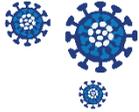


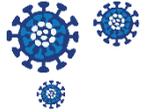
# West Haddon News

Proudly funded by West Haddon Parish Council

\*\*\* April 2020



## Corona Virus - Spread Only Kindness



As you must all be aware COVID-19 is a new illness that can affect your lungs and airways. It's caused by a virus called coronavirus. The advice can change daily so for up to date information it is best to consult Public Health England

<https://www.gov.uk/government/organisations/public-health-england>

### Avoiding catching and spreading the virus

The current government guidance is that if you live alone to stay at home for 7 days if you have coronavirus symptoms, these are:

- a high temperature – you feel hot to touch on your chest or back
- a new, continuous cough – this means you've started coughing repeatedly

If you do not live alone all household members must stay at home for 14 days.

They also advise that we all try to stop the spread by social distancing especially if you're in one of the at-risk groups.

### Do:

- wash your hands with soap and water often – do this for at least 20 seconds. Always wash your hands when you get home or into work. Use hand sanitiser gel if soap and water are not available
- cover your mouth and nose with a tissue (not your hands) when you cough or sneeze, put used tissues in the bin immediately and wash your hands afterwards
- avoid close contact with people who have symptoms of coronavirus
- only travel on public transport if you need to
- work from home, if you can
- avoid social activities, such as going to pubs, restaurants, theatres and cinemas
- avoid events with large groups of people
- use phone, online services, or apps to contact your GP surgery or other NHS services



*continued overleaf...*

### West Haddon Parish Council – Information and contact details

Email:- [executiveofficer@westhaddonparishcouncil.gov.uk](mailto:executiveofficer@westhaddonparishcouncil.gov.uk)

Website:- [westhaddonparishcouncil.gov.uk](http://westhaddonparishcouncil.gov.uk)

Telephone:- 07493366527

Twitter:- @WestHaddonPC

Facebook:- West Haddon Council

Newsletter Editor:- [editorwhnews@outlook.com](mailto:editorwhnews@outlook.com)

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**Don't:**

- touch your eyes, nose or mouth if your hands are not clean
- have visitors to your home, including friends and family

**Mental wellbeing**

During this time, it is also important to look after our mental wellbeing. Social distancing or self-isolation can seem like a daunting prospect. Here are some ways to help keep mentally healthy in the weeks to come:

- Make sure you get your information from a reputable source and be careful how you use social media
- Do use social media, emails and phone calls to stay in touch with family and friends. Write letters!
- Create a new daily routine.
- You could try reading more or watching movies, try new relaxation techniques, doing puzzles or take on a new hobby
- Take regular exercise – walking is still highly recommended as long as you avoid close contact with others. Gardening can also be very beneficial
- Talk to your children sensibly about the outbreak but avoid causing alarm
- Avoid increasing habits that may not be helpful in the long term, like smoking and drinking.
- Make sure your wider health needs are being looked after such as having enough prescription medicines available to you.

**Helping others**

Now is the time for us to show what an amazing community spirit there is in West Haddon. We can do this in many ways like supporting local businesses that are able to remain open. We can also resist the urge to panic buy or stockpile. The supermarkets have a plan to get through the current crisis, but we need to remain calm and shop sensibly with thought for others, especially the vulnerable. Telephone or video call elderly relatives who may be feeling scared and lonely. And don't forget to continue donating to the food bank.

Look out for those in your area that may need help whilst self-isolating. You can help neighbours by picking up shopping, posting mail, a friendly phone call and getting urgent supplies. A scheme is currently being set up via Facebook to coordinate those who wish to help self-isolating neighbours called West Haddon Coronavirus Support Network. You may have already had a postcard through your door detailing who to contact in your area if you need help. Thank you to everyone involved in this scheme.

We will get through this together.

*This article was compiled using information from Public Health England and The Mental Health Foundation and was correct at the time of going to print.*

**The Children's Society**

A big thank you to all who supported the fundraiser on March 9th. £130.50 was raised on the day by donation, raffle and stall. A special thanks to those who helped at the event and to our local shops who are kindly changing bags of coins to make my journey to Barclays easier! The total so far from the boxes is £203.21; the final total will be posted in the church porch in due course.

Dorothy Whittaker.

The  
Children's  
Society

No child  
should feel  
alone



## **CORONA VIRUS (COVID 19)**

The advice regarding the corona virus and its implications for us all will have changed from the date of writing this piece through to editing, printing and distribution. However, the sentiments remain the same – for up to date advice on any health issues the best place to obtain that information is from the official agencies and not social media, in this case, Public Health England <https://www.gov.uk/government/organisations/public-health-england> is a useful point of contact and information.

As a rural community it is important that during this pandemic we pull together and help and support our neighbours, especially if vulnerable, and that we recognise that whilst we may not feel we are at risk ourselves others may not share that view, especially if concerned about friends and family with underlying health conditions for whom this illness may be more serious.

Thank you.

## **DOG FOULING**

West Haddon Parish Council appreciates and supports the ethos that all dogs and their owners should have fair access to open space and that dogs have plenty of opportunity to exercise. We also believe that the vast majority of dog owners are responsible, and that most dogs are well behaved. Despite this, many local authorities are introducing strict restrictions on dog owners through the introduction of Public Space Protection Orders. PSPOs are powers which allow for a local authority to introduce bans and restrictions on dog owners. These tend to be introduced in an effort to help tackle irresponsible dog ownership in public, such as dog fouling or out of control and nuisance dogs.

These measures include, but are not limited to:

- Exclude dogs from designated areas such as parks or playing fields
- Require dogs to be kept on leads
- Limit the number of dogs that can be walked by one person



If prosecuted, the maximum fine for a breach under a PSPO is £1000.

At this time West Haddon Parish Council is keen not to impose some of the draconian restrictions listed above but due to some irresponsible dog owners not picking up after their dogs and the very real health and safety risk to children and sports people utilising the playing fields and sports pitches it has agreed to politely request that all dog owners keep their dogs on a lead when exercising on the playing fields to aid in the removal of dog fouling incidents.

We thank you, on behalf of all users of this area, for your cooperation with this matter.

## **WEST HADDON CONSERVATION AREA**

Many of you may have received a letter from the planning authority advising that your property now falls within the recently approved West Haddon Conservation Area following a consultation and approval by Daventry District Council.

If you not received a letter or are not sure whether your property falls within the area please use this address to access further information and map details:-

<https://www.daventrydc.gov.uk/living/planning-policy/conservation-areas/>

Whilst the Parish Council is hoping to organise a public meeting, to which the Planning Officers from DDC will be invited to explain what the conservation area actually means for you and the Parish Council, the following may be helpful:-

## **PLANNING CONTROLS IN CONSERVATION AREAS**

In conservation areas there are stricter controls over planning to ensure the preservation of local heritage. Certain rights which are elsewhere classed as 'permitted development' are restricted in conservation areas.

These controls include the need to apply for permission for:

- The demolition of a building which has a volume of 115 cubic metres or above
- The demolition of walls of 1 metre or above in height adjacent to a public highway, or 2 metres elsewhere
- Works to trees whose trunk diameter measures 75mm or above at 1.5 metres above ground level
- The cladding of the exterior of a building in render, stone, plastic, tiles etc
- Side extensions and two storey rear extensions
- Dormer windows, and some other roof alterations
- The installation of satellite dishes and radio antennae in locations fronting a highway
- The erection of outbuildings of a certain size.

If you are in doubt as to whether you live or work within a conservation area or require permission for works call 01327 871100

## **OUTDOOR GYM EQUIPMENT**

The recently installed outdoor gym equipment has instructions of use attached to each piece, but you may find a magnifying glass is required to read these – therefore, we have attached instructions for use of some of the equipment on our website [westhaddonparishcouncil.gov.uk](http://westhaddonparishcouncil.gov.uk) – we hope you enjoy using the equipment and find the instructions helpful.



T@3



Regrettably the T@3 planned for April 20th will not now take place. Hopefully things will improve soon and we can meet again in May or June. There will be a notice on the Baptist Church notice board.

Best wishes to everyone.

Dorothy Whittaker.

## **WI News**

Due to the present situation regarding Covid-19 we will not be having any WI meetings for the next few months. Do keep yourself safe and well and hopefully we will be able to meet together in the summer.

Contacts:  
Maura Carville 510002  
Nicky Vaughan 510213



**All Saints Church**

With the restrictions on public gatherings advised by the government to help in the battle against the coronavirus the Church of England has taken the decision to put all public services on hold (see [churchofengland.org](http://churchofengland.org) for details).

This means that we will not be able to have any of our planned services, including those over Easter. The Church is not shutting up shop - instead we will look for ways to serve the community of West Haddon during this crisis with our prayers and in supporting the vulnerable and all who are anxious at this time.

We will publish more details of how we intend to do this as things develop, but to start with All Saints' Church will remain open during the day for anyone wishing to come in and pray or just spend some time there. In addition, we are aiming to have some resources for prayer and readings available inside the church for you to take away if helpful for the coming days.

If you would like to get in touch please do contact me, Sandy Tringham by email [Sandyandsue@btinternet.com](mailto:Sandyandsue@btinternet.com) or telephone 01788 510275

Unfortunately, the church coffee mornings and the Gethsemane Garments Exhibition have also been cancelled.

With our love and prayers to you all.

The Church floodlights were put on for the following occasions:

**Tuesday 24th March**  
in memory of Lewis Bush  
on his birthday.

If you would like the floodlights put on from dusk until midnight please get in touch with me [Sandyandsue@btinternet.com](mailto:Sandyandsue@btinternet.com)  
01788 510275 or  
at 4 Guilsborough Road.

If you want it acknowledged in the magazine please put what you would like in writing. A donation of at least £5 would be appreciated.

Sandy Tringham

**From the Registers**

Friday 20<sup>th</sup> March was the interment of ashes of Hilda Stempel, née Hart.

**News from Buckby Library & Hub**

Due to the coronavirus epidemic, Northamptonshire County Council has suspended all volunteering in NCC libraries. The library in Long Buckby is highly dependent on its volunteers and will be closed for the time being. Books will not be due during the closure period.

Sadly, we have had to postpone two forthcoming events: the Concert with Abington Wind Band and St Lawrence Singers at St Lawrence Church on April 26<sup>th</sup>, and the Flower Power, Poetry and Prose evening at the library on May 1<sup>st</sup>. We hope to hold them in the autumn and will keep you posted. If you have already bought tickets for either of the events at the Peephole, please return them to be reimbursed. If you have bought tickets from the library, please hang on to them – they will be reimbursed on presentation as soon as the library opens again.

For those who bought tickets for the recently cancelled film show of *Red Joan*, please also bring your tickets to the library for a refund when it reopens.

If you have any questions or concerns, please contact [info@buckbylibraryhub.org](mailto:info@buckbylibraryhub.org). This email box is monitored on a daily basis.

On a more positive note, the Buckby Library & Hub group and the Library Supporters are still actively working to raise funds and enhance the library's offer to Long Buckby and nearby villages. Please bear with us during this difficult situation and keep supporting us! Thank you everyone.

## WHPHOTO. Club - February's Theme - Portraits

Portraits often bring to mind a rigid head and shoulders shot of a person, often in a studio setting. This is true of only a minority of portrait images, but any portrait, no matter where taken or of whom, should help to explore or emphasise the personality of the subject.

Whilst most of our members' images were of people, a good number were of animals; showing that not only can we connect with other humans, but also with other species.

The members' favourite image was Tony Teague's *Driver Bill White*, looking out from his cab with a wry smile at the photographer. *Little Girl of Lamu* by Paul Lewis was the runner-up - have a look at our website [whphoto.club](http://whphoto.club) to see this and all the other images from this month.



So enthused were some members about the Portrait theme that a couple of portrait images also showed up in our Image of the Month (IoM) section. They were joined by the usual wide-ranging subjects that IoM encourages: a cathedral, waves, flowers, snow, a bridge and a street in Valetta.

The picture with the most votes was *Smoky* by Adrian Chandler, who may be wishing he'd entered this into next month's Atmosphere theme. Joint runners-up were Paul Lewis and Tony Teague for *Happy Hippo* and *Bacino Orseolo* respectively.

### Filters – February's Learning Technical Meeting

February's Learning Technical Meeting was about filters and David Kallmeier gave a talk explaining what they are, what types are available and how and when they can be used. He showed slides and images to illustrate his talk.



## West Haddon Village Hall

Sadly we have had to temporarily close the Village Hall because of the current health risks, and to endorse the government's advice that there should be no large gatherings. We will review this at the end of April.

[Enquiries for future bookings westhaddonvillagehallbookings@gmail.com](mailto:westhaddonvillagehallbookings@gmail.com)  
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## Deadline for the May 2020 edition is Saturday 18<sup>th</sup> April

Please send your articles to  
Christina Betson at  
[editorwhnews@outlook.com](mailto:editorwhnews@outlook.com)

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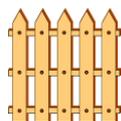
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